

1.35 Million

Number of children seen in emergency departments with sports-related injuries in 2012



Common Injuries

- Head 14%
- Face 7%
- Finger 12%
- Knee 9%
- Ankle 15%



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Girls are eight times more likely to have an ACL injury than boys.

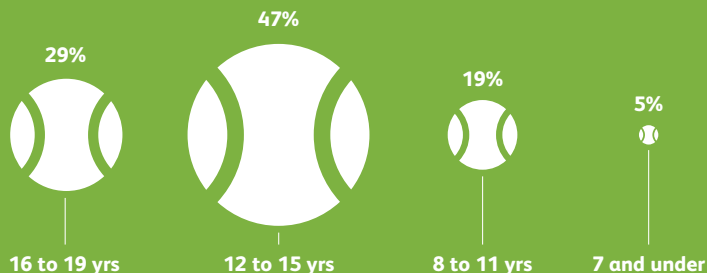


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Every 3 minutes, a child is seen in an ED for a sports-related concussion.

47%

Almost half of youth sports-related concussions occur in children ages 12 to 15 years old.² Younger children take longer to recover from concussions than older children.



Common Diagnoses

Most common diagnoses seen in emergency departments for sports-related injuries

Strains and sprains
451,480



Fractures
249,500



Contusions and abrasions
210,640



Concussions
163,670



Injuries by Sport

For athletes ages 12 to 17 years, 2011

| Sport | Number of players | Number of injuries | % of injuries that are concussions |
|--------------|-------------------|--------------------|------------------------------------|
| Basketball | 26,095,000 | 249,650 | 7% |
| Soccer | 13,941,000 | 104,190 | 13% |
| Baseball | 12,292,000 | 61,510 | 11% |
| Softball | 10,383,000 | 39,070 | 11% |
| Volleyball | 10,075,000 | 31,460 | 6% |
| Football | 9,034,000 | 275,050 | 13% |
| Wrestling | 3,217,000 | 33,790 | 14% |
| Cheerleading | 3,053,000 | 28,890 | 12% |
| Ice hockey | 2,996,000 | 9,540 | 31% |

To learn more about youth sports safety, visit www.safekids.org

